


























Essentials for Otter Scout Hiking



Revised January 28, 2015





Type:	Examples:			Notes:	
1 <input type="checkbox"/>	 Navigation	 Whistle	 Hug a tree (stay put)	 Parents' names, address, and phone numbers	Otters should wear a lanyard whistle. They should stay put, whistle for help, know 911, and provide information when lost.
2 <input type="checkbox"/>	 Sun	 Otter Hat	 Sunscreen		Sunscreen should be applied by a parent before or as needed.
3 <input type="checkbox"/>	 Food	 Yes.			Otters need to be reminded to take breaks, snack, and drink often.
4 <input type="checkbox"/>	 Water	 Filled Bottle			"ditto above"
5 <input type="checkbox"/>	 First-Aid	 Necker/ Band-Aids	 Soap/ Antiseptic Lotion	 Bug Repellent	Bug repellent should be applied by a parent before or as needed.
6 <input type="checkbox"/>	 Tools	 Yard of rope	 Journal and Pen	 Trash bag	The journal is also used to save flowers and leaves to press.
7 <input type="checkbox"/>	 Extra Clothing	 Rain gear			In addition to keeping the trail clean, a trash bag also doubles as a rain poncho.
8 <input type="checkbox"/>	 Light	 Headlamp/ Flashlight			If doing a night hike or overnighter.



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<p>9</p> <p><input type="checkbox"/></p>  <p>Shelter</p>	 <p>Parents</p>	<p>Parents should have a plan to lead the young Scouts to a shelter or the car in case of severe weather. Shelter from the sun is also important.</p>
<p>10</p> <p><input type="checkbox"/></p>  <p>Fire</p>	 <p>Parents</p>	<p>Fire is not part of any Otter requirement.</p>

The above was made from Otter requirements and the Ten Essentials. Other things could be carried as well if the Otter and parent choose. Back pack, magnifying glass, age appropriate nature book, gloves for picking up trash, extra layers for cold weather, water resistant closed toed shoes, and spare socks are all useful considerations. Adults should carry extra equipment as needed, and should be aware that Otter Scouts frequently need to explore without their backpack requiring someone to carry it. Not all the items will be used on every hike, but the Scout will better appreciate the motto “Be Prepared” when they are indeed needed.

Ten Essentials: http://en.wikipedia.org/wiki/Ten_Essentials

